



SURVIVE & Thrive

CALENDAR



To Register for Events, Groups, Classes and our Mailing List!

November 2026

3 (Tu) 6pm	GYN Group (Novant)	REMINDER
3 (Tu) 7pm	Metastatic Breast Cancer Group (VIRTUAL)	REMINDER
4 (W) 6pm	Hispanic Survivorship Group (Cancer Services)	REMINDER
5 (Th) 6pm	Lung Group (Novant)	REMINDER
10 (Tu) 6pm	GI Group (Novant)	REMINDER
11 (W) 3pm	Head & Neck Group (Novant)	REMINDER
12 (Th) 2pm ET	Nourish & Thrive! Nutrition Webinar (VIRTUAL)	RSVP
12 (Th) 6pm	HEAL Group (Carl Russell)	REMINDER
17 (Tu) 1pm	Metastatic Breast Cancer Group (VIRTUAL)	REMINDER
17 (Tu) 6pm	Breast Cancer Group (Generations Center)	REMINDER
18 (W) 12pm	Women's Book Club (VIRTUAL)	REMINDER
25 (W) 12pm	Myeloma Group (Novant)	REMINDER

December 2026

1 (Tu) 6pm	GYN Group (Novant)	REMINDER
1 (Tu) 7pm	Metastatic Breast Cancer Group (VIRTUAL)	REMINDER
2 (W) 6pm	Hispanic Survivorship Group (Cancer Services)	REMINDER
3 (Th) 6pm	Lung Group (Novant)	REMINDER
7 (M) 6-8pm	Holiday Party! (Generations Center)	RSVP
8 (Tu) 6pm	GI Group (Novant)	REMINDER
9 (W) 3pm	Head & Neck Group (Novant)	REMINDER
15 (Tu) 1pm	Metastatic Breast Cancer Group (VIRTUAL)	REMINDER
16 (W) 12pm	Women's Book Club (VIRTUAL)	REMINDER



HOLIDAY PARTY!

Monday,
December 7
from 6-8pm

RSVP at cancerservicesonline.org/rsvp

RSVP

Get on the reminder list for groups
cancerservicesonline.org/groups

REMINDER

Generations Center =
Intergenerational Center for Arts and Wellness
(114 W. 30th Street, Winston-Salem, NC, 27105)

Join us as we celebrate the end of another GREAT year with YOU! Dinner and activities are planned so register today to join in on the FUN!

Register in the December2026 Registration Page!