**Library Topics Include:**

- Priorities & Well-Being
- Protein: Everything You Need to Know
- Socializing When You’re Immune Compromised
- Chemo Brain
- Nutrition During & After Treatment
- Neuropathy During & After Treatment
- Building a Healthy Snack
- Heart Health After Treatment

**VIRTUAL Survivorship Discussion Group June 27 at 7pm!**

**NEW!!!**

Each month we will post a special topic video with experts!

**SCAN HERE TO VIEW VIDEOS!!**

This is an evening for men cancer patients/survivors to bring a friend and enjoy making something in the Sawtooth Art Studio. Men and their “plus one” can choose either woodworking or ceramics.

**Wednesday, June 28th at 6 PM**

**IN PERSON @ Sawtooth Downtown W-S.**

**Cancer Services**

Cancer Services strives to Enhance Health, Life and Survivorship in the lives of cancer patients and their families in our community, and has done so for over 65 years. As a community, we are all survivors and each of us represents a unique story of courage, strength, and inspiration that defines our agency. All proceeds benefit Cancer Services, with a mission to “Enhance Health, Life, and Survivorship.” Services provided to cancer survivors and their families at no charge:

- Patient Advocacy & Information
- Equipment, Supplies, Wigs, & Prosthesis
- Peer Support for Survivors
- Library of Information & Inspiration
- Medication & Financial Assistance
- Pink Broomstick® Support Program
- Transportation to Treatment
- “Survive & Thrive” Wellness Groups & Programs
- Lifestyle Programs for Cancer Risk-Reduction & Survivorship

92% of Cancer Services’ annual budget is expended on direct services.

**Contact Information:**

Cancer Services, Inc. 3175 Maplewood Avenue, Winston-Salem, NC 27103
Phone: (336) 760-9983 | Fax: (336) 760-1282
CancerServicesOnline.org | csi1955@CancerServicesOnline.org | www.CancerServicesOnline.org

**Special thanks to Excalibur Direct Marketing**
It's Here!
Survivors Day!

We have an amazing night planned at the DASH baseball game in honor of cancer survivors and care providers! Survivors who register will be able to reserve up to 2 tickets at no charge. Survivor gifts will be available at the gate at the DASH and our volunteers will be ready to distribute.

June 3rd at 7 PM

Registration is open!
Scan Here!
Or go to www.CancerServicesOnline.org/SurvivorsDay for more information!