Our Community Partners

The following volunteers were also fund raisers for Cancer Services, holding various events to raise money to help support our mission. We are so grateful for your commitment and dedication to helping cancer patients in our community. For more information on Community Partner Fundraising, contact Willonda Thomas at csi1955@CancerServicesOnline.org.

**Platinum Sponsors:**
- Fiserv

**Gold Sponsors:**
- Hayco Construction LLC, NCR Corporation

**Silver Sponsors:**

**Cart Sponsors:**
- Blanco Tackabery, Downtown Greensboro

**Putting Green Sponsors:**
- Ellsworth Systems, L.L.C., Reuben Rink Marketing & Advertising

**Bronze Sponsors:**
- AT&T, Diversified Telecom Management Services, Inc., Mechanical Technologies & Solutions, LLC, PSCU, Spectrum Business/Spectrum Enterprise

**Thank You to**
- Allegacy Federal Credit Union
- Annuciation Greek Orthodox Church
- Battery Watering Technologies
- CBRE Breast Cancer Awareness
- Fleet Feet
- Hayworth School of Arts and Design (HPU)
- Ireland Insurance - Jackie Jackson
- J. McLaughlin Sip & Shop
- Lyndhurst Gynecologic Associates
- Lynn Prevette Memorial Gospel Sing
- Oak Valley Ladies Golf Association
- Ole Watering Hole
- PepsiCo
- Ronald W. Reagan High School
- Smiles by Design
- Solar Bear Ride
- Yadkin Physical Therapy

**Our Community Partners**

Join Us for Our Next Transitions Reunion!

Tuesday, January 25, 2022
7:00 PM
All graduates from the Transitions Program are invited to join us for a virtual reunion!

Space is limited! Registration is Required
Sign up today! Call 336-760-9983 or www.CancerServicesOnline.org/register

**What’s Next**

After Cancer Treatment?

Our next Transitions class will be a Saturday morning “crash course” in November. Let us know if you’d like to be notified of the date when it’s finalized!

Starts February 3rd!!

Space is limited! Registration is Required
Sign up today! Call 336-760-9983 or www.CancerServicesOnline.org/register

**Move More, Stress Less**

Monday, March 7th
7:00 PM
Participate virtually and report your activity! Stay active and cope with your stress by Moving It On Out!

Space is limited! Registration is Required
Sign up today! Call 336-760-9983 or www.CancerServicesOnline.org/register
Join Cancer Services and Sawtooth School for Visual Arts for a monthly wellness group with a focus on art.

- Jan 27
- Feb 24
- March 24
- April 28

Space is limited! Registration is Required
Sign up today! Call 336-760-9983
www.CancerServicesOnline.org/register

Join us for a special 5-week program designed to guide you into a habit of gratitude in order to enhance your well-being during and after cancer treatment. This program is open to patients/survivors as well as caregivers.

Starts January 31st!!

For more information go to www.cancerservicesonline.org/gratitude

Mindful Eating

Join our free webinar that discusses eating with your body in mind. Learn how to listen to your body to determine hunger and fullness signals. Examine why we eat, why we make the food choices we do, and how we determine that we’ve had enough.

- January 20, 2022 Mindful Eating
- March 10, 2022 Gut Health - Nutrition for a Healthy Colon
- April 21, 2022 Is My Food Safe? Can I Trust the Food Supply

Space is limited! Registration is Required
Sign up today! Call 336-760-9983

Mindfulness Power Hour

Join us for this 4-week introduction to Mindfulness, led by Sara Bridges, Oncology Counselor at Novant Health Cancer Institute. Learn the benefits of Mindfulness and how it can help you reduce stress and anxiety. Come spend this valuable hour with us.

TUESDAYS STARTING MARCH 29TH!

For more information go to www.cancerservicesonline.org/register

Wrapped Up In Ribbons

Save the Date ~ April 30, 2022
Celebrating and Remembering James (Jim) Stokes

Stay tuned for more information about Wrapped Up In Ribbons! We are busy planning ways to celebrate Cancer Services, our clients, and the many sponsors and donors that make Wrapped Up In Ribbons a huge success!