

Transitions Program

Virtual Course via Zoom!
Thursdays, February 3rd,
10th, 17th, and 24th, from
7p – 8:30p



Our *Transitions* Program
is a virtual 4-topic workshop
designed to help survivors make
the transition from active
treatment to post-treatment care.

Experts will discuss exercise,
medical management, emotional
recovery, and nutrition tips.

CancerServicesOnline.org/Transitions

"I would like to tell you how
much I have enjoyed this
month of transitions program
information. Your speakers
have been amazing, and left
us with many worthwhile
suggestions to think about or
implement. And, as a
caregiver, we need this
education as much or more
than the cancer survivor."

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