

Transitions

Program

Join us on Tuesdays in August!
August 10th, 17th, 24th & 31st

7:30pm to 9pm



- No cost to you!
- Meet other survivors.
- Get your questions answered.
- Learn how to move forward and positively impact your life!

Our *Transitions* Program is a virtual 4-week workshop designed to help survivors make the transition from active treatment to post-treatment care.

Experts will discuss exercise, medical management, emotional recovery, and nutrition tips.

CancerServicesOnline.org/Transitions
Register by July 30th!

"I would like to tell you how much I have enjoyed this month of transitions program information. Your speakers have been amazing, and left us with many worthwhile suggestions to think about or implement. And, as a caregiver, we need this education as much or more than the cancer survivor."

Cancer Services
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