THANK YOU 2021 SPONSORS

Celebrating Our CEO, Tara O’Brien for 30 Years of Service
Event Co-Chairs: Mr. & Mrs. Jon and Kimberly Marzano

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in memory of Jim & Carolyn Stokes

Choosing to leave your legacy to Cancer Services is an important decision. As an agency of integrity, you can be assured that your contribution will be used to advance our mission. For more information contact Tara O’Brien at Tara@CancerServicesOnline.org or Willonda Thomas at Willonda@CancerServicesOnline.org

What’s next after cancer treatment? Sign up for our Transitions Wellness Program in August to find out! Space is limited so register soon!

Tuesdays at 7:30 PM - 9:00 PM
August 10th, 17th, 24th and 31st

Register at
www.CancerServicesOnline.org/Transitions

Special thanks to
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Join us for Eat the Rainbow! Fruit and Veggie Challenge June 28th until September 19th! Eat the Rainbow! is a 12-week challenge focused on what you CAN eat instead of what you can’t.

In this 12-week series, we are going to:
• Explain why fruits and vegetables are important for cancer survivors
• Help you increase the amount of fruits and vegetables in your diet
• Bust some common myths about fruits and vegetables

Find out more! www.CancerDietitian.com/Rainbow

Join us for a special 5 week program designed to guide you into a habit of gratitude in order to enhance your well-being during and after cancer treatment. This program is open to patients/survivors as well as caregivers. Greatfully Well begins on July 5th!

This program is designed for you to do “on your own”, or with a virtual Gratitude Huddle once a week, on Tuesday evenings at 7:30pm.

Register here! www.CancerServicesOnline.org/Gratitude

Breaking Down Myths & Misconceptions Around Cancer & Food
June 16th 7:30 PM – 9:00 PM via Zoom
There is a lot of hype and misinformation surrounding nutrition and cancer. And, it can be challenging to separate fact from fiction. Join Julie Lanford, Registered Dietitian and Wellness Director of Cancer Services and The Cancer Dietitian, and Stephanie Hopkins, Registered Dietitian of The Gathering Place, as they discuss and dispel cancer nutrition myths.

Register here! www.CancerServicesOnline.org/Register

30th Annual Cancer Survivors Week
Mission Possible
June 1-5, 2021
Join us as we celebrate all cancer survivors, those living with cancer and their caregivers... virtually!
RSVP is required!
Register at www.CancerServicesOnline.org/SurvivorsWeek