Celebrating Cancer Services!

Our services have evolved over the past six and a half decades to insure the most critical needs of individuals facing any type of cancer are met and comprehensive treatment support is provided. And throughout this entire time, we’ve relied on the generosity and involvement of our community.

Last year,

- Over 5,700 cancer survivors received services, at no charge to them;
- 4,149 clients utilized wellness programming;
- 580 educational sessions encouraging healthy eating & activating living were provided in the community;
- Over $48 Million dollars in medication and financial assistance resources were secured by our Patient Advocates to assist cancer survivors in accessing treatment;
- And all of this was done while utilizing 93% of expenses for direct services.

Thank you to everyone in the community that accessed our services, supported us financially, volunteered to make our programs better, and increased awareness to insure we can help families and survivors facing cancer.

Since March 13th, our Cancer Wellness Team has been working hard providing online programming to support cancer patients, survivors, and their caregivers despite the need for us to stay physically separated.

We want to make sure that you get updates on these programs so that you don’t miss the chance to connect with others and gain the information you need to live well while staying close to home!

Check out our recent updates on our brand new website and also via our podcast! News can be found at www.cancerservicesonline.org/news and www.triadcancerpodcast.com.

Current programs offered online using video includes:
- Nutrition and Cooking Programs
- Support Groups
- Interviews with Experts
- Yoga Classes
- Horticulture Programs
- Wellness Through Art
- Support & Wellness Programs in Spanish

These programs can be accessed by computer, tablet or smartphone. Many of them also offer a call in option, if you don’t have access to a computer or smart phone. We are also offering peer support by phone and via cards.

Cabin fever? Bored? Feeling the desire to help others?

Calling Interested Volunteers! We are looking for volunteers to make phone calls and write notes for us! If you are interested, please email Lindy Milligan, our Survivorship Coordinator, at Lindy@CancerServicesOnline.org and she’ll contact you back with a “to do” list! We’ll get through this together!!!
The Party Is Not Over!
Just Postponed...

Stay tuned for more information about the 29th Annual Cancer Survivors Day Celebration! We will figure out ways to party and celebrate all of our cancer survivors, those living with cancer and their families so don’t miss out! Sign up for our E-Newsletter to learn more!

Cancer Services Virtual Survivor Program Survey
(Please complete this survey, cut out and mail back to us at 3175 Maplewood Avenue, Winston-Salem, NC 27103)

Would you be interested in participating in the following (choose as many as is applicable):

- Private Facebook group
- One on one email or email connection with another survivor
- Virtual group meet up
- Online educational classes
- Recipe Videos
- Other: _______________________________________

Do you have other ideas on ways we can support you virtually?

Name: ____________________ Phone: ___________________ Email: ____________________

Register by calling our office, or email Julie at Julie@CancerServicesOnline.org. You can find all programs by visiting our calendar online at www.cancerservicesonline.org/calendar.